



Proclamation

Mayor Tim Kabat

City of La Crosse

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, all Americans experience times of difficulty and stress in their lives; and

WHEREAS, prevention is an effective way to reduce the burden of mental health conditions; and

WHEREAS, there is a strong body of research that supports special tools that all Americans can use to better handle challenges and protect their health and well-being; and

WHEREAS, mental health conditions are real and prevalent in our nation; and

WHEREAS, with effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and

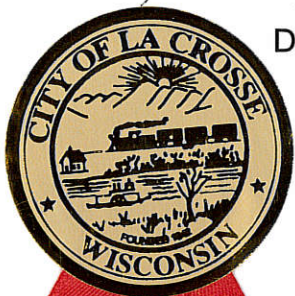
WHEREAS, each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts.

NOW, THEREFORE, I, TIM KABAT, MAYOR OF THE CITY OF LA CROSSE, do hereby proclaim May 2019 as

"MENTAL HEALTH MONTH"

in the City of La Crosse and call upon all citizens, government agencies, public and private institutions, businesses, and schools in La Crosse to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

Dated on this 29th day of May in the year of Two Thousand Nineteen.



Tim Kabat

MAYOR TIM KABAT